

## 1.18 Lesson 2A, Exercise 2

- 1 boxing
- 2 archery
- 3 badminton
- 4 weightlifting
- 5 rowing
- 6 wrestling
- 7 cricket
- 8 athletics
- 9 ski jumping
- 10 fencing
- 11 snowboarding
- 12 basketball
- 13 volleyball
- 14 karate
- 15 ice hockey
- 16 surfing
- 17 netball
- 18 baseball

## 1.19 Lesson 2A, Exercise 6

- 1 We're in the 19th minute of the final, and Poland are on the attack. Oooh – what a shot! But the goalkeeper saves it. Wait a moment. What's happening? There's a fight! The players are taking off their gloves, throwing them down onto the ice and fighting!
- 2 This is her final attempt – and the crowd are silent as she prepares herself. Now she's ready. Here she comes, going faster and faster, and ... she's in the air ... now she's down! She's landed back on the snow. What's the distance? Nearly two hundred metres! Amazing!
- 3 The British fighter moves forward and ... what a punch! His opponent is on the floor of the ring, he isn't moving. The referee starts counting ... 1, 2, 3, 4 ... The British boy is waving his gloves in the air – he thinks he's the winner.
- 4 Smith throws the ball to Jones. Jones runs forward and passes the ball back to Smith ... Smith shoots. Yes, it's in the basket! The score is 36 all.
- 5 She's still about 150 metres from the finish line and the Spanish girl is catching her ... has she got enough time? Their legs are tired, but they're both trying to run as fast as they can ... and the Spanish girl is going to win!
- 6 And Johnson is in the lead. Nobody can catch him! He's winning by 50 metres! But wait! What's happening? I think his boat is sinking. Yes, it is. His boat is getting lower and lower in the water!
- 7 And the Hungarian has asked for an extra 15 kilos on the bar. That's a very heavy weight indeed now – 165 kilos. Can he lift it? Let's see ... ah, no, he can't. And I think his leg is hurting him now. But he's smiling – that's good to see.
- 8 Sandra Peters is lying on her board, about 100 metres from the beach. Here comes a big wave. She's riding the wave, she's standing up ... Oh, now I can't see her. Is she in the water? Oh dear ... yes, there she is.

### 1.20 Lesson 2B, Exercise 4

- 1 played
- 2 expected
- 3 finished
- 4 stopped
- 5 scored
- 6 voted
- 7 faced
- 8 watched

### 1.21 Lesson 2B, Exercise 5

#### The tortoise and the hare?

In 2001, 22-year-old Trevor Misipeka arrived at Edmonton in Canada to compete in the World Athletics Championship. He wanted to take part in the shot put, but a new rule made this impossible. Two days before the competition, he had to find a new event! He decided on the 100 metres because the new rule did not apply to running. At 135 kilos, he didn't have the body of a sprinter, but he tried his best. So how did he do? Well, unfortunately, Trevor didn't win. In fact, he came last. The newspapers gave him a nickname: Trevor the Tortoise. But he wasn't sad about his time of 14.28 seconds. 'That's my personal best,' he said.

## 1.22 Lesson 2C, Exercise 2

### Dark, cold and scary

The British seem to enjoy unusual sports more than most other nationalities. But the Bog Snorkelling Championship is one of the strangest. It takes place every year in Wales. The competitors have to swim 110 metres through cold, dark, muddy water – without using their arms! And they have to keep their faces in the water at all times, breathing through a snorkel.

Who would want to compete in a horrible event like that? Well, in fact more than 100 people enter it each year, many of them from other countries. Dan Morgan from Wales is the current champion. He finished the course in 1 minute 30 seconds, a world record.

Is bog snorkelling really so nasty? Sheelagh Tompkins, the woman who started the tournament, says yes. 'It's dark and you can't see, and that's scary.' So why do the British enjoy such unusual sports? Perhaps it's because we have a chance of winning!

## 1.23 Lesson 2C, Exercises 5 and 6

**Reporter** I'm in the village of Congham, near the east coast of England. Everyone here is getting quite excited because it's nearly time for the big annual event – the World Snail Racing Championship. A man called Tom Elwes started the championship in the 1960s after seeing people racing snails in France. Last year, over 200 snails took part in the competition and hundreds of people came to watch the races. The organisers say that this year, the event is even bigger. The races take place on a circular track with the snails starting in the middle and racing 30-40 centimetres out to the edge of the circle. The owners paint racing numbers on the shells or put small stickers on them so that they can easily see their snail. A snail named Archie set the world record of two minutes in 1995. Last year's winner was a snail called Speedy. Jack Robins is entering the Championship for the first time this year, and he's with me now. Jack, is training really important for snail racing?

**Jack** Yes, it is.

**Reporter** Why?

**Jack** Because you have to build up a good relationship with your snail, so the snail wants to please you. You know, wants to do its best for you in the race.

**Reporter** I see. Do you think you have a good relationship with your snail?

**Jack** Yes, I do. I spend a lot of time with Flash ...

**Reporter** That's the name of your snail – Flash?

**Jack** Yes.

**Reporter** Well, good luck, Jack. And of course – good luck, Flash!

**Reporter** I'm in the arena now, next to the track. Let's listen to the referee start the race ...

**Referee** Ready, Steady, Slow!

**Reporter** Well, the first race is over. Jack, how did Flash do? Did he win?

**Jack** No, unfortunately, Flash didn't win. In fact, he came last! So that's the end of the Championship for us. We'll race again next year though!

**Reporter** Well – good luck for next year!

### 1.24 Lesson 2D, Exercise 4

In 1904, Fred Lorz was running the Olympic marathon. The sun was shining and it was very hot. Nine miles into the race, Fred was feeling tired, so he decided to stop. While he was sitting next to the road, his manager drove past, stopped his car, and Lorz got in. But eleven miles later, the car broke down, so Lorz started running again. He came first in the race, but while he was getting his gold medal, a spectator complained. Lorz gave back the medal immediately, and said, 'It was just a joke!'

### 1.25 Lesson 2E, Exercise 2

#### Surfing superstar!

On the morning of 31 October 2003, Bethany Hamilton and some friends decided to go surfing. The sky was clear, the sun was shining and it was a perfect day for enjoying the big waves near the island of Kauai, Hawaii.

The 13-year-old surfing star was lying sideways on her surfboard about 300 metres from the shore with her left arm in the clear, blue water. Her friends were floating nearby, looking out to sea. They were all waiting for the next big wave.

Suddenly a five-metre tiger shark appeared just below the surface and attacked her. It bit her left arm and shook her violently backwards and forwards. Bethany saw the water around her turn red. She held on to her board and the shark swam away – but it took her arm with it. It also took a piece of her board. Luckily for Bethany, the shark attacked only once. It all happened so fast that she didn't even scream.

In her mind, Bethany repeated: 'Get to the beach. Get to the beach.' She started to paddle towards it with one arm. Her friends didn't know about the shark attack - they thought at first that she was joking. Then they saw the blood and quickly came to help. It took fifteen minutes to reach the shore. They called the emergency services and Bethany eventually got to hospital.

Bethany's parents are both keen surfers. As a baby, Bethany liked to splash in the shallow water. She started surfing at the age of five. By thirteen, she was one of the best teenage surfers in the world, and was planning to become a professional surfer. Then the shark attack happened.

The really incredible thing about Bethany is that only ten weeks later she was surfing again in a competition. Less than a year after the accident she won first place in a surfing competition in Hawaii. Before the accident a lot of professional surfers thought that Bethany was going to be the women's world champion one day. After the accident, they haven't changed their minds.

## 1.26 Lesson 2F, Exercise 1

- Finlay** Hi, Amy. How was your weekend?  
**Amy** It was good. I went to the cinema on Saturday.  
**Finlay** What did you see?  
**Amy** The new Ben Stiller film.  
**Finlay** Cool. What did you do on Sunday?  
**Amy** Nothing much. I stayed at home and revised. What about you? What did you get up to at the weekend?  
**Finlay** I went out with some friends on Saturday.  
**Amy** Where did you go?  
**Finlay** To the skate park.  
**Amy** No way! What about on Sunday?  
**Finlay** I played computer games at home.  
**Amy** What did you play?  
**Finlay** *BioShock*. It was great!

## 1.27 Lesson 2F, Exercises 4 and 5

### 1

- Connor** Hi, Ella. How was your weekend?  
**Ella** It was great! I played tennis on Saturday.  
**Connor** That sounds fun. Who did you play with?  
**Ella** My friend Sarah.  
**Connor** Oh right, cool. Did you win?  
**Ella** Yes, I did. But I also broke the tennis racket!  
**Connor** Oh dear, that's bad. Was it expensive?  
**Ella** I don't know. I didn't buy it. It was my sister's racket.  
**Connor** Oops!

### 2

- Jack** Hi, Abi. Did you have a good weekend?  
**Abi** Yes, I did. I went to see a show with my family on Saturday. Then we went for a meal.  
**Jack** Really? Great! Where did you go?  
**Abi** To a Chinese restaurant. There's a nice one in the town centre.  
**Jack** That's interesting. Do you often go out for meals?  
**Abi** No, but it was ... a special occasion.  
**Jack** Really? What?  
**Abi** It was my birthday!  
**Jack** Oh no! I forgot!

### 3

- Jacob** Hi, Daisy. How are you?  
**Daisy** I'm fine.  
**Jacob** What did you get up to at the weekend?  
**Daisy** On Saturday, I went to the cinema with Ben.  
**Jacob** Cool! What did you see?  
**Daisy** The new Jackie Chan film.  
**Jacob** Fantastic! I love Jackie Chan.  
**Daisy** Yes, it was great. But I left my phone in the cinema.  
**Jacob** Oh no. Did you go back and find it?  
**Daisy** I went back, but it wasn't there.  
**Jacob** Oh dear.

### 4

- Daniel** Hi, Chloe. How are you?  
**Chloe** I'm fine, thanks.  
**Daniel** Did you have a good weekend?  
**Chloe** Yes, I did. I cooked dinner for my family on Sunday.  
**Daniel** Oh, that's interesting. What did you make?  
**Chloe** Chicken and rice.  
**Daniel** And how was it?  
**Chloe** It was OK. The chicken was really nice. But the rice was hard.  
**Daniel** Oh well ...  
**Chloe** Everybody ate it, though! But Dad wasn't very well the next morning.

## 1.28 Skills Round-up 1–2, Exercises 5 and 6

**Anna** Hello. I'm Anna.

**Jack** Hi, I'm Jack. Are you new here?

**Anna** Yes, I am. This is my first day!

**Jack** Where are you working?

**Anna** In reception.

**Jack** Oh, right. Are you having fun?

**Anna** Well, it's only my first day but ... so far, it's OK! What about you? Where do you work?

**Jack** I'm the IT expert. I started here last September.

**Anna** It's very quiet, isn't it?

**Jack** Yes, but that's because it's March. April is always busy, because of the Easter holiday. And then from June to September, it's usually full. Hundreds of people!

**Anna** Great. I'm looking forward to that! What's the area like?

**Jack** It's beautiful. When did you arrive?

**Anna** Yesterday. I flew here from Poland. And I started work today.

**Jack** I see. So you're Polish. Hey, why don't we go for a drive after work? You can see the area a bit.

**Anna** Thanks! That's a great idea!

**Jack** Do you know the other members of staff?

**Anna** Only one or two. I met Maggie this morning. She's the boss, isn't she?

**Jack** That's right. The general manager.

**Anna** What's she like?

**Jack** Hmm. Well, she's ... OK. Very hard-working and clever.

**Anna** But ...

**Jack** But she's a bit arrogant. And she's very impatient!

**Anna** Oh. Well, thanks for warning me!

**Jack** But there are some nice people here, like Tom in security, and Dani. In fact, there's Dani over there. Come on, I'll introduce you.

**Anna** Thanks!

**Jack** Dani, this is Anna. She's new in Reception.

**Dani** Hi Anna.

**Anna** Pleased to meet you. What's your job here?

**Dani** I work in the gym. I'm a fitness instructor.

**Anna** Nice job!

**Dani** Do you do a lot of exercise?

**Anna** Hmm ... not really. I like swimming.

**Dani** What's your best time for 50 metres?

**Anna** I don't know. I just swim for fun. There's a pool here, isn't there?

**Dani** Yes, two pools. You can use them whenever you like.

**Anna** And when is the gym open?

**Dani** Every day, from seven in the morning until ten at night. Why don't you come and try it later today?

**Anna** Well, maybe. I'm a bit tired, actually ...

**Dani** Jack does weight-training every day after work. Don't you, Jack?

**Jack** Yes ... well, usually. But today, going for a drive ... with Anna.

**Dani** Oh, really?

**Jack** Yes.

**Dani** Hmm. OK. Well, see you two later.

**Anna** Bye!